



PLEASE **CHECK VACANCIES** ON ALL CLASSES WITH THE OFFICE **BEFORE ATTENDANCE**.

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<b>WOMENS ARTISTIC GYMNASTICS WAG (Girls): 5yrs + MUST BRING CLEAN WHITE SOCKS</b>							
Class	HOURLY Min	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Level 0 Beginners (5yrs+)	1 / 2			3.30 - 4.30pm			10.30 - 11.30am
Pre-levels	1.5					3.30 - 5.00pm (By Selection Only)	
Level 1 rec - (8yrs+)	2 / 4			4.30 - 6.30pm			11.30 - 1.30pm
Level 2 rec	2 / 4			4.30 - 6.30pm			11.30 - 1.30pm
Level 3 rec	2 / 4			3.30 - 5.30pm			11.30 - 1.30pm
Level 4 rec	3 / 6			3.30 - 6.30pm	3.30 - 6.30pm (Compulsory)		
Level 1 SQUAD	3.5	4.00 - 6.00pm		4.30 - 6.00pm			
Level 2 SQUAD	6.5	3.30 - 6.00pm		4.30 - 6.00pm		3.30 - 6.00pm	
Level 3 SQUAD	9	3.30 - 6.30pm				3.30 - 6.30pm	10.30 - 1.30pm
TEAM 3	11		3.30 - 7.30pm		3.30 - 7.30pm	3.30 - 6.30pm	
TEAM 2	15	3.30 - 7.30pm	3.30 - 7.30pm		3.30 - 7.30pm	3.30 - 6.30pm	
TEAM 1	17	3.30 - 7.30pm	7am - 8am 3.30 - 7.30pm		3.30 - 7.30pm	3.30 - 7.30 pm	

<b>MENS ARTISTIC GYMNASTICS MAG (Boys): 5yrs + MUST BRING CLEAN WHITE SOCKS</b>							
Class	HOURLY Min	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Gym Mix 5yrs + (Girls & Boys)	1	3.30 - 4.30pm					
Level 0 (5+6yrs)	1 / 2		3.30 - 4.30pm		3.30 - 4.30pm		
Level 1 (7yrs)	1.5 / 3				4.30 - 6.00pm		10.30 - 12.00pm
Level 2 - 4 (8yrs+)	2 - 5				4.30 - 6.30pm	3.30 - 6.30pm	
Junior Squad	9 - 11	3.30 - 6.30pm (By Selection Only)		3.30 - 6.30pm (By Selection Only)		3.30 - 6.30pm (By Selection Only)	12.00 - 2.00pm <b>Strength</b> (optional)
Senior Squad	12 - 14	3.30 - 6.30pm (By Selection Only)	4.30 - 7.30pm (By Selection Only)	3.30 - 6.30pm (By Selection Only)		3.30 - 6.30pm (By Selection Only)	12.00 - 2.00pm <b>Strength</b> (optional)
Senior L5 - 10	6				5.30 - 8.30pm	5.30 - 8.30pm	
Adult	1			6.30pm - 7.30pm			

<b>TRAMPOLINE: Girls &amp; Boys: 6yrs + MUST BRING CLEAN WHITE SOCKS</b>							
Class	HOURLY Min	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
L1 - 3 Beginners Primary School	1.5 / 3	NO CLASSES	3.30 - 5.00pm (6yrs - 15yrs)		3.30 - 5.00pm (6yrs - 15yrs)	NO CLASSES	NO CLASSES
L1 - 3 Beginners High School	1.5				5.30 - 7.00 pm		
Juniors/Seniors Comp	2 / 4		5.30 - 7.30 pm (By Selection Only)	5.30 - 7.30pm (By Selection Only)			

<b>KINDERGYM - GIRLS &amp; BOYS (UNDER 5 YEARS)* - MUST BRING CLEAN WHITE SOCKS</b>							
CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
2 - 4 yrs	NO CLASSES	10.00 - 10.45am	NO CLASSES	10.00 - 10.45am	NO CLASSES	8.30 - 9.15am	
2 - 4 yrs		11am - 11.45am		11.00 - 11.45am			
Gym Skills 4yrs (No parent participation)						9.30 - 10.15am Gym Skills Only (4yrs)	